

#### THE STATE EDUCATION DEPARTMENT / THE UNIVERSITY OF THE STATE OF NEW YORK / ALBANY, NY 12234

**TO:** The Professional Practice Committee

**FROM:** Douglas E. Lentivech

**SUBJECT:** Proposed Amendment of Section 76.5 of the Regulations

of the Commissioner of Education Relating to the Definition

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of Occupational Therapy Practice

DATE: October 5, 2017

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**SUMMARY** 

#### **Issue for Discussion**

**AUTHORIZATION(S):** 

Should the Board of Regents amend §76.5 of the Regulations of the Commissioner of Education relating to the definition of occupational therapy practice?

## Reason(s) for Consideration

Required by State statute (L. 2011, Ch. 460).

# **Proposed Handling**

The proposed amendment will be presented to the Professional Practice Committee for discussion at the October 2017 meeting of the Board of Regents.

## Procedural History

It is anticipated that a Notice of Proposed Rule Making will be published in the State Register on November 1, 2017. A copy of the proposed rule is attached.

### **Background Information**

Section 7901 of the Education Law defines the scope of practice of occupational therapy and provides that an occupational therapy treatment program designed to restore

function shall be rendered on the prescription or referral of a physician, nurse practitioner or other health care provider acting within his or her scope of practice pursuant to Title VIII of the Education Law.

Prior to the amendments made by Chapter 460 of the Laws of 2011, §7901 of the Education Law defined the scope of practice of occupational therapy as the functional evaluation of the client and the planning and utilization of a program of purposeful activities to develop or maintain adaptive skills, designed to achieve maximal physical and mental functioning of the patient in his or her daily life tasks, and provided that any occupational therapy treatment program must be rendered on the prescription or referral of a physician or nurse practitioner. Chapter 460 of the Laws of 2011 amended §7901 of the Education Law to explicitly make a treatment program part of the definition of the scope of practice; to add consultation with the client, family, caregiver or organization to the scope of practice; and to additionally provide that activities within the scope of practice are done in order to restore performance abilities designed to achieve cognitive functioning. Chapter 460 of the Laws of 2011 also provided that treatment programs designed to restore function must be rendered on the prescription or referral of a physician, nurse practitioner or other health care provider acting within his or her scope of practice.

The proposed rule amends subdivision (b) of §76.5 of the Regulations of the Commissioner of Education, which defines purposeful activity, one of the statutory elements of occupational therapy practice. The proposed rule adds restoration or maintenance of activities of daily living to the aims of purposeful activity. The existing definition of purposeful activity required only that this activity be aimed at the development of functional daily living skills.

The proposed rule also amends paragraph (1) of subdivision (c) of §76.5 to provide that a treatment program may include the therapeutic use of goal-directed activities, exercises, or techniques to maximize the client's cognitive functioning in life tasks, in addition to the client's physical and/or mental functioning in life tasks, in order to conform this definition to the provisions of §7901 of the Education Law, as amended by Chapter 460 of the Laws of 2011.

The proposed rule amends subdivision (d) of §76.5 of the Regulations of the Commissioner of Education to provide that occupational therapy treatment programs designed to restore function shall be rendered on the prescription or referral of a physician, nurse practitioner or other health care provider acting within his or her scope of practice and to provide that nothing contained in the rule shall be construed to expand a licensee's scope of practice beyond what is authorized by law.

Other amendments to Part 76 of the Regulations of the Commissioner of Education to implement the provisions of Chapter 460 of the Laws of 2011 were approved by the Board of Regents at the September 2012 Regents meeting. However, the above-referenced proposed amendments to §76.5 were not made at that time due to an oversight. Earlier this year, the inadvertent omission was brought to the attention of the Office of the Professions by other Department staff who received a question from a school

district as to whether it could treat a student with a disability who had a treatment program not intended to restore function, without a prescription or referral; such treatment is permitted by the statute but not under the current regulation. The proposed amendment is therefore necessary to conform the Regulations of the Commissioner of Education to §7901 of the Education Law, as amended by Chapter 460 of the Laws of 2011.

### Related Regents Items

Proposed Amendment to Part 76 Relating to Occupational Therapy

http://www.regents.nysed.gov/common/regents/files/documents/meetings/2012M eetings/September2012/912ppca1.pdf

#### <u>Timetable for Implementation</u>

It is anticipated that the proposed amendment will be presented for adoption at the January 2018 Regents meeting, after the publication of the proposed amendment in the State Register and expiration of the 45-day public comment period required under the State Administrative Procedure Act. If adopted at the January meeting, the proposed amendment would become effective February 7, 2018.

AMENDMENT TO THE REGULATIONS OF THE COMMISSIONER OF EDUCATION

Pursuant to sections 207, 6504, 6507, and 7901 of the Education Law and Chapter 460 of the Laws of 2011

Section 76.5 of the Regulations of the Commissioner of Education is amended as follows:

- (a) . . .
- (b) Purposeful activity is defined as goal-directed behavior designed to achieve maximal physical, cognitive and mental functioning of the client and aimed at the development, restoration or maintenance of functional daily living skills and activities of daily living in the categories of self-care, work, homemaking or play/leisure.
- (c) A *treatment program* within the meaning of Education Law, section 7901 shall be consistent with the statutory scope of practice and may:
- (1) Include the therapeutic use of goal-directed activities, exercises, or techniques to maximize the client's physical, cognitive and/or mental functioning in life tasks. Treatment is directed toward maximizing functional skill and task-related performance for the development of a client's vocational, avocational, daily living or related capacities.
  - (2) . . .
  - (3) . . .
- (d) Any treatment program described in this regulation <u>designed to restore</u>

  <u>function</u> shall be rendered on the prescription or referral of a physician, <u>nurse</u>

  <u>practitioner or other health care provider acting within his or her scope of practice</u>. In

  accordance with section 7901 and articles 131 and 153 of the Education Law, nothing

  contained in this regulation shall be construed to permit any licensee hereunder to

engage in the practice of medicine or psychology, including psychotherapy[.] <u>or otherwise expand such licensee's scope of practice beyond what is authorized by law.</u>