



New York State
EDUCATION DEPARTMENT
Knowledge > Skill > Opportunity

Social Emotional Learning & Equity: Revising the Benchmarks

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Board of Regents





Welcome & Introductions

Mindful Transition

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Collaborative Effort to Improve Social and Emotional Learning and School Safety (CISELSS)



Comprehensive Center Network

REGION 2
Connecticut
New York
Rhode Island



CENTER TO IMPROVE
**Social and Emotional
Learning and School Safety**
WestEd



What is SEL?



Transformative SEL (T-SEL)

CASEL, Jagers et al., 2019

SEL Framework

Self-Awareness

Self-Management

Social Awareness

Relationship Skills

Responsible Decision-Making

T-SEL Equity Elaboration

Identity

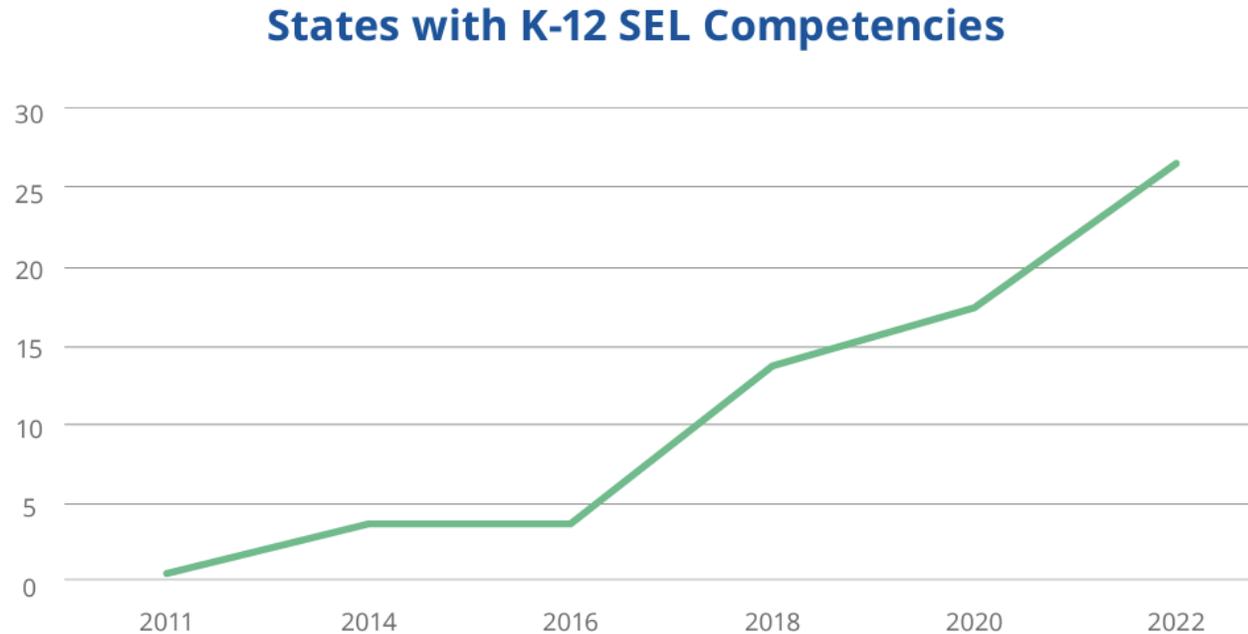
Agency

Belonging

Collaborative Problem-Solving

Curiosity

Across the Country

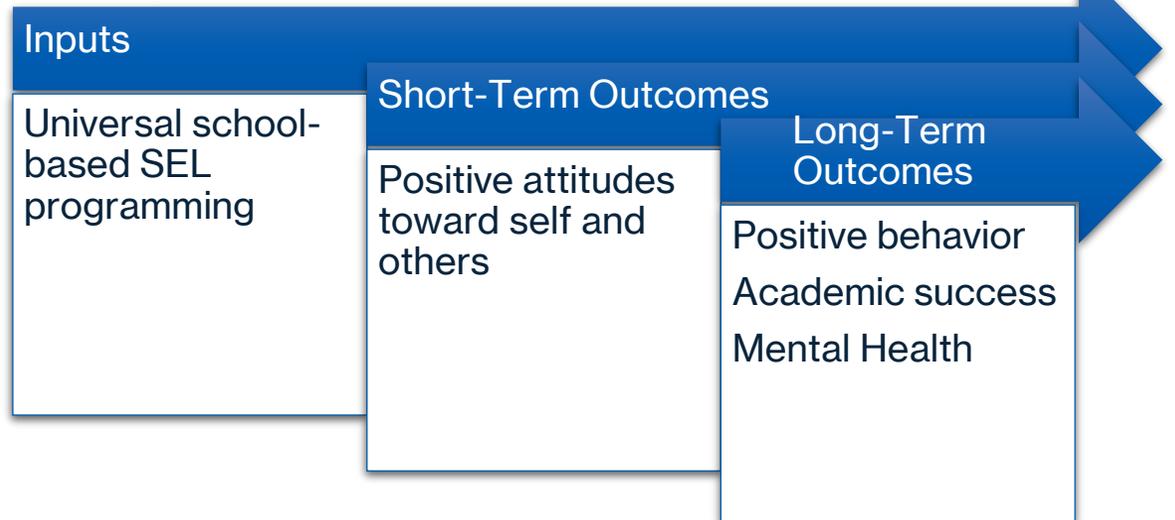


- 27 states have freestanding K-12 SEL benchmarks.
- 44 states have SEL guidance.
- 39 states have dedicated webpage for SEL.
- All 50 states have SEL guidance for early childhood.

Figure 1: States with Free-Standing K-12 SEL Competencies

Why SEL?

Social and emotional learning outcomes as a long-term process



Current Themes in SEL

Centering Equity
and Culturally
Responsive
Approaches and
Language

Adult SEL
Competencies

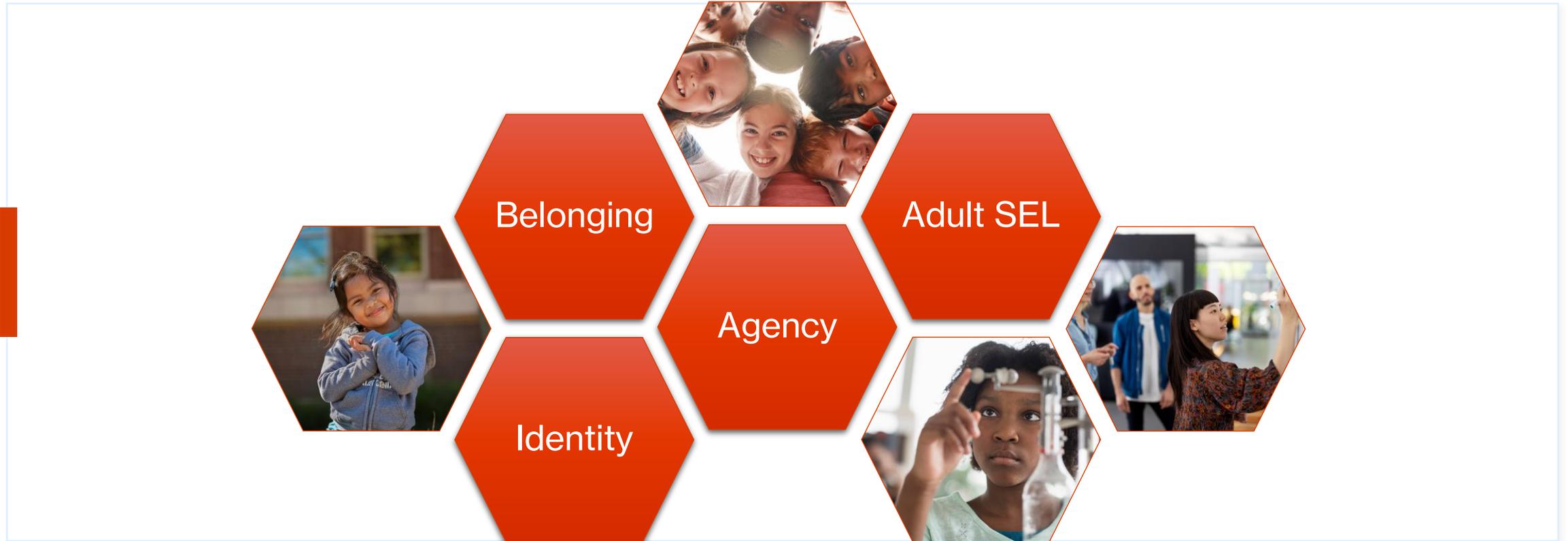
SEL and Multi-
Tiered Systems of
Support (MTSS)

SEL Responses to
COVID-19
Pandemic

SEL in Academic
Integration



Why revise the benchmarks?



Revision Process



Core Team



Shared Understanding



Review



Revision



Feedback



Adult Indicators

Strengthening adult practice and supporting well-being



Revising the Language

Original Goal One

Develop self-awareness and self-management skills essential to success in school and in life.



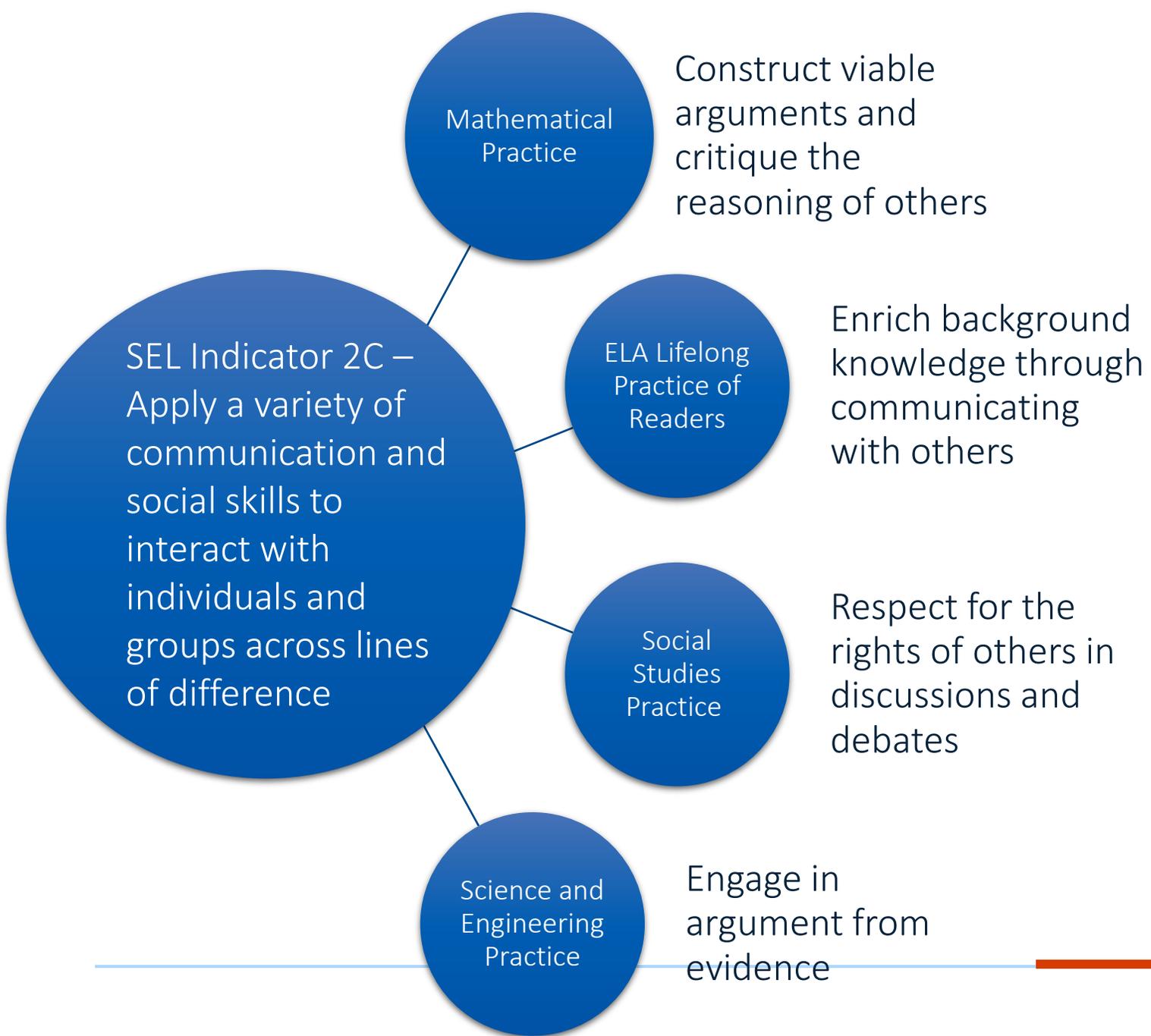
Revised Goal One

Young people develop a self-awareness that: nurtures and affirms a strong sense of identity; informs decisions about their actions; and builds a sense of agency.

SEL and Curriculum & Instruction

- Social emotional skills support academic success and well-being.
- SEL Benchmarks may increase engagement in SEL, connection to school, and academic success.
- SEL, CRSE, and the Civic Readiness Initiative mutually reinforce one another.

SEL Skills & Mindsets Mirror the Practices of Professionals



Primary Ways to Incorporate SEL into Instruction:

Explicit Instruction

Provide explicit instruction in social and emotional skill building.

Integration

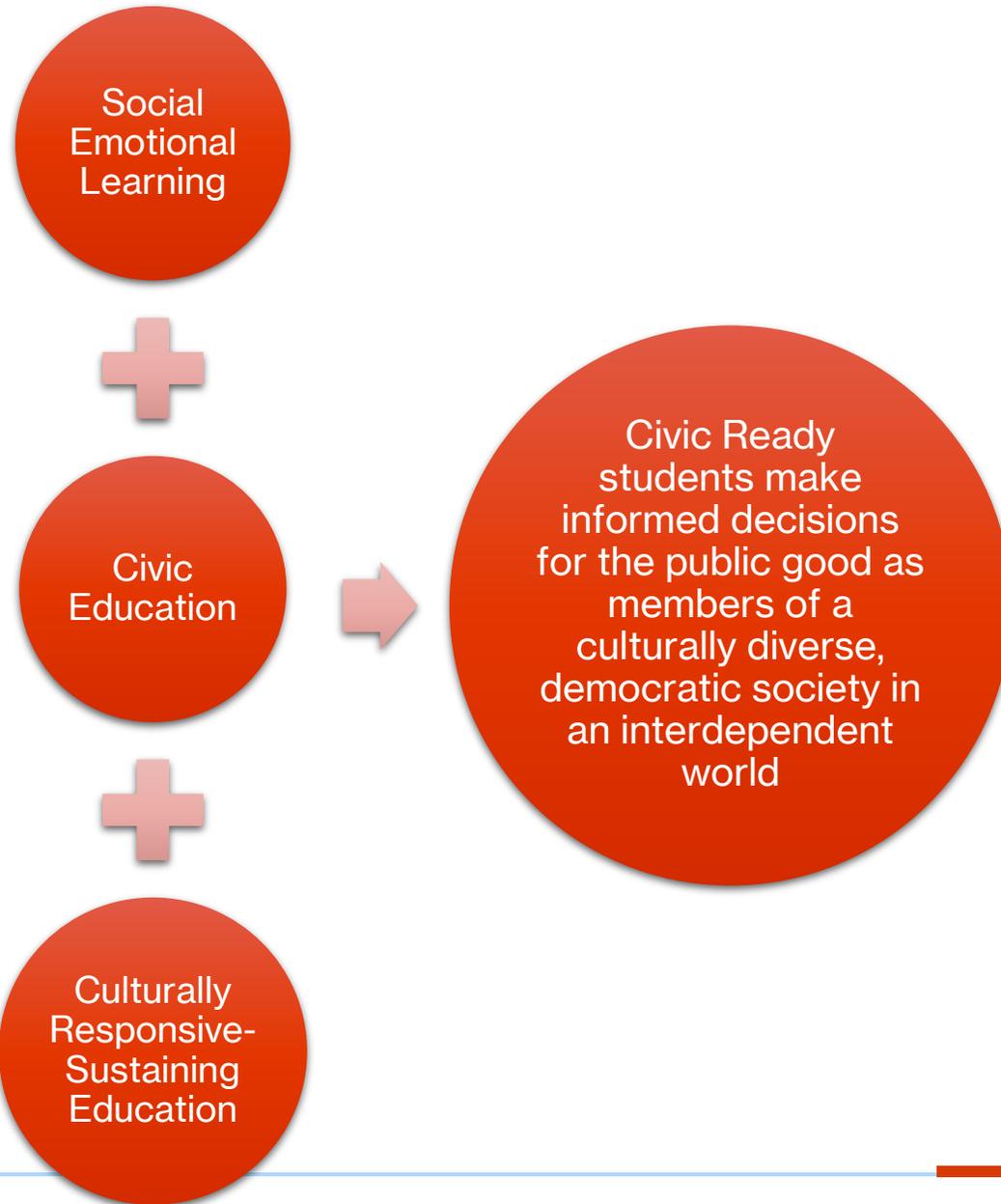
Integrate SEL practices into content area lessons.

Modeling

Model and reinforce social and emotional skills and mindsets.

SEL and CRSE are Rooted in Students' Lives





Shared Outcomes for Students



Thank you!

- Thoughts
- Questions
- Epiphanies