



# Child Nutrition Updates

October 2013

Presentation to the<sup>1</sup>  
New York State Board of Regents  
October 21-22, 2013



"You cannot educate a child who is not healthy; and you cannot keep a child healthy who is not educated."

-Dr. Jocelyn Elders, US Surgeon General

# Healthy Hunger-Free Kids Act (HHFKA) of 2010 (P.L. 111-296)

## HHFKA Overview:

- Requires USDA to update the school meal program standards to be consistent with current nutritional science;
- Provides an additional 6 cents per lunch to schools that meet updated standards;
- Provides schools with training and technical assistance on purchasing, processing and preparation of more healthful USDA Foods (commodities);
- Authorizes the USDA to update national nutrition standards for all foods sold on the school campus throughout the school day, including food sold in vending machines, a la carte lines (foods sold individually in the cafeteria outside reimbursable meals), school stores, and fundraisers;



# Healthy Hunger-Free Kids Act (HHFKA) of 2010 (P.L. 111-296)

## HHFKA Overview, con't:

- Establishes professional standards for education and training of school foodservice directors and staff to run more effective and healthful school nutrition programs;
- Requires schools to serve only low-fat or non-fat milk, as recommended in the Dietary Guidelines for Americans 2010;
- Expands access to drinking water in schools, particularly during meal times; and
- Helps communities establish local farm-to-school networks, create school gardens, and ensure that more local foods are used in the school meal programs.



# SED Child Nutrition Programs

- › SED administers the following federal nutrition programs generating \$1 Billion in reimbursement to local districts/sponsors:
  - National School Lunch Program (NSLP)
  - NSLP Afterschool Snack Program
  - School Breakfast Program (SBP)
  - Summer Food Service Program (SFSP)
  - Fresh Fruit and Vegetable Program (FFVP)
  - Retains responsibility for USDA Foods (administered by NYS Office of General Services)



# SED Child Nutrition Programs

## ◎ NSLP/SBP

- > 1,200 districts/6,000 locations
  - Third largest NSLP in the Nation
  - 1.6 million lunches served/day
  - 600,000 breakfasts served/day
  - 48% free, 7% reduced price, 45% paid eligibles

## ◎ SFSP

- > 300 sponsors/2,600 locations
  - Largest SFSP in the Nation
  - 300,000 meals/day



# SED Child Nutrition Initiatives

- HHFKA requires districts to meet updated nutrition standards.
- Districts submit documentation for SED to review and certify compliance with HHFKA nutrition standards
- Certified schools (schools that meet the updated nutrition standards) receive an additional \$.06 per lunch meal to offset costs related to the increased requirement for fruits/vegetables/whole grains
  - > SED certified 874 districts in school year 2012-13
  - > SED strategies to certify 100 percent of participating districts
    - Conduct ongoing statewide trainings
      - 25 trainings completed in 2012-13
    - Provide 1:1 technical assistance to facilitate certification
    - Focused technical assistance for non-certified districts



# SED Child Nutrition Initiatives

- HHFKA authorizes USDA to:
  - Update national nutrition standards for all foods sold on the school campus throughout the school day, including food sold in vending machines, a la carte lines (foods sold individually in the cafeteria outside reimbursable meals), school stores, and fundraisers
  - Interim Final Rule establishes strict parameters for foods/beverages in competition with school meals
  - Full implementation July 1, 2014





# SED Child Nutrition Initiatives

- ◎ SED activities - Nutrition Standards for All Foods:
  - Drafting regulations to address frequency of school-sponsored fundraisers
  - Technical assistance and training to prepare schools for full implementation
  - Presentations to schools, school boards and professional associations
  - Submission of additional comments to USDA prior to implementation of the final rule



# SED Child Nutrition Initiatives

- Fresh Fruit and Vegetable Program (FFVP)
  - Grants to needy schools to purchase, prepare and serve fresh fruits and vegetables to students during the school day at no charge
  - Encourages exposure and increases knowledge and understanding of benefits to daily consumption
    - \$6.7 million in 2013-14
    - 241 elementary schools in 32 high need districts
    - 111,300 students served



# SED Child Nutrition Initiatives

- Nutrition for Life (NfL) Revitalization
  - Inspired by Mrs. Matilda Cuomo in late 1980's
  - Created cooperatively by NYSED/NYSDOH/Cornell University
  - NYSED/NYSDOH mobilized staff to review original work and consider how it could be updated to promote HHFKA and other NYS initiatives
  - SED has identified Child Nutrition funding to support NfL activities



# SED Child Nutrition Initiatives

- SED/NYSDOH activities – NfL
  - Proposal development to engage Cornell University's Division of Nutritional Science to:
    - Conduct systematic review of current science and best practices
    - Explore innovative educational delivery methods for effectively engaging K-5 students, teachers and school food service staff
    - Update selected components of original iconic NfL to support HHFKA standards and support the Common Core



# Questions/Discussion

