



"While budgets are tight right now, there are schools across the country that are showing that it doesn't take a whole lot of money or resources to give our kids the nutrition they deserve. What it does take, however, is effort. What it does take is imagination. What it does take is a commitment to our children's futures."

~ First Lady Michelle Obama

### Child Nutrition Programs in NYS

- > SED administers the federal child nutrition program that generates \$1 Billion in reimbursement to local districts/sponsors:
  - National School Lunch Program (NSLP)
  - NSLP Afterschool Snack Program
  - School Breakfast Program (SBP)
  - Summer Food Service Program (SFSP)
  - Fresh Fruit and Vegetable Program
  - Oversight responsibility for USDA Foods (administered by NYS Office of General Services)



### Child Nutrition Programs in NYS

- National School Lunch Program/
   School Breakfast Program
  - > 6,000 locations
    - Third largest NSLP in the Nation
    - 1.6 million lunches served/day
    - 600,000 breakfasts served/day
- Summer Food Service Program
  - > 2,600 locations
    - Largest SFSP in the Nation
    - 300,000 meals/day



# Healthy Hunger-Free Kids Act (HHFKA) of 2010 (P.L. 111-296)

#### **HHFKA Overview:**

- Requires USDA to update the school meal program standards to be consistent with current nutritional science;
- Provides schools with training and technical assistance on purchasing, processing and preparation of more healthful USDA Foods (commodities);
- Authorizes the USDA to update nat'l nutrition standards for ALL foods sold on the school campu throughout the school day;
- Provides an additional 6 cents per lunch to schools that meet updated standards;

# Healthy Hunger-Free Kids Act (HHFKA) of 2010 (P.L. 111-296)

#### HHFKA Overview, con't:

- Establishes professional standards for education and training of school foodservice directors and staff
- Requires schools to serve only low-fat or non-fat milk
- Expands access to drinking water in schools, particularly during meal times
- Helps communities establish local farm-to-school networks, create school gardens, and ensure that more local foods are used in the school meal programs



#### HHFKA: Certification Process

- HHFKA requires districts to meet updated nutrition standards: districts submit documentation for SED to review and certify compliance with HHFKA nutrition standards
- Certified schools receive an additional \$.06 per lunch meal to offset costs related to the increased requirement for fruits/vegetables/whole grains
- Current status of the Certification Process in NYS
  - SED certified 874 districts in school year 2012-13
- SED strategies to certify 100 % participation
  Conduct ongoing statewide trainings (25 trainings completed in 2012-13)
  Provide 1:1 technical assistance



#### SED Activities To Date

- SED activities Nutrition Standards for All Foods:
  - Drafting regulations to address frequency of school-sponsored fundraisers
  - Providing technical assistance and training to prepare schools for full implementation
  - Conducting presentations to schools, school boards and professional assn's
  - Submission of add'l comments to USDA prior to implementation of the Final Rule



#### SED Child Nutrition Initiatives

- Fresh Fruit and Vegetable Program (FFVP)
  - Solution of the School of School
  - Encourages exposure and increases knowledge and understanding of benefits to daily

consumption

- \$6.7 million in 2013-14
- 241 elementary schools in 32 high-need districts
- 111,300 students served

#### SED Child Nutrition Initiatives

- Nutrition for Life (NfL) Revitalization
  - > Inspired by Mrs. Matilda Cuomo in late 1980's
  - Created cooperatively by NYSED/NYSDOH/Cornell University
  - NYSED/NYSDOH staff reviewed the 1980 NfL program and determined ways to update specific components so they are aligned with current public health and education priorities
  - SED has identified Child Nutrition funding to support NfL activities



#### SED Child Nutrition Initiatives

- SED/NYSDOH activities NfL
  - > Proposal development to engage Cornell University's Division of Nutritional Science to:
    - Conduct systematic review of current science and best practices
    - Explore innovative educational delivery methods for effectively engaging K-6 students, teachers and school food service staff
    - Update selected components of original NfL to support HHFKA standards and support the Common Core



## Questions/Discussion

